



6th annual

She's All That!

presented by Soroptimist International of San Ramon Valley

She's All That! is an exciting and distinctive event for all middle school-aged girls. This special conference includes an inspirational keynote presentation, "Live Your Dream!" Expo booths and a choice of three workshops for girls. Again this year, we have parents' workshops, but these extend across a full day with additional workshop-topics providing a choice of (3) 90 minute sessions.



Soroptimist International is an international non-profit organization of professional women working to improve the lives of women and girls locally and globally.



Saturday, February 6, 2010

Cal High School, San Ramon, CA 9AM - 3PM

www.soroptimist-sr.org

or call 925.355.2442



- Pre-registration is required.
- Register online.
- \$25 through 1/15; \$30 after 1/15.
- All classes are filled on a first-registered basis.
- Girl's scholarships are available.

Soroptimist's She's All That! conference partners with the San Ramon Valley Unified School District.

Soroptimist International of San Ramon Valley is a 501(c)(3) Non-profit Organization. Federal Tax ID 68-0014751

girl's sessions

Select (3) of the following 60 minute sessions:

- Mean Girls
- Facial Finishes
- Straight Scoop on Boys I
- Straight Scoop on Boys II
- Bend It, Shape It! (Yoga)
- Kick Like a Girl! (Self Defense)
- Get Your Parents Off Your Back (& On Your Side)
- What's On the Menu?
- Wanna Dance? (Beginners)
- Wanna Dance? (Intermediate)
- Social Savvy
- My Personal Style

discover yourself!

PICK 3 SESSIONS

9 NEW Choices **20 TOTAL Choices**

Full session descriptions available online.

adults'

Select (3) of the following 90 minute sessions:

- The Power Within Empower & inspire your teen
- Teen Talk How to keep them talking
- Teen Talk II Social conflict & friendships
- I'm Dating Your Daughter.
- From "New Girl" to "One of Us" Change, transitions & belonging
- Modern Blended Family Techniques & Topic to Thrive
- What's Eating You? Her body image and self esteem

NEW! full day adult conference

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